

STUDIO REFORMER PILATE'S



ORARIO LEZIONI

LUNEDÌ	MARTEDÌ	MERCOLEDÌ	GIOVEDÌ	VENERDÌ	SABATO
07:15 SMALL GROUP Fabiola - Sala 4		07:15 SMALL GROUP Francesca - Sala 4		07:15 SMALL GROUP Alessia - Sala 4	09:00 SMALL GROUP Fabiola - Sala 4
		09:30 REFORMER OPEN CLASS Sala 4			10:00 REFORMER OPEN CLASS Sala 4
10:30 SMALL GROUP Fabiola - Sala 4				10:30 REFORMER OPEN CLASS Sala 4	11:15 SMALL GROUP Alessia - Sala 4
11:30 SMALL GROUP POSTURAL Fabiola - Sala 4				11:30 SMALL GROUP POSTURAL Fabiola - Sala 4	
12:30 REFORMER OPEN CLASS Sala 4		12:30 SMALL GROUP Alessia - Sala 4		12:30 SMALL GROUP Francesca - Sala 4	DOMENICA
13:30 SMALL GROUP Fabiola - Sala 4	13:30 SMALL GROUP Giulia - Sala 4	13:30 REFORMER OPEN CLASS Sala 4	13:30 SMALL GROUP Giulia - Sala 4	13:30 SMALL GROUP Fabiola - Sala 4	10:00 REFORMER OPEN CLASS Sala 4
	14:30 REFORMER OPEN CLASS Sala 4				
17:00 SMALL GROUP Alessia - Sala 4	17:00 REFORMER OPEN CLASS Sala 4	17:00 REFORMER OPEN CLASS Sala 4			
18:00 REFORMER OPEN CLASS Sala 4	18:00 SMALL GROUP Francesca Z. - Sala 4	18:00 SMALL GROUP Alessia - Sala 4	18:00 REFORMER OPEN CLASS Sala 4	18:00 SMALL GROUP Cinzia - Sala 4	
19:00 SMALL GROUP Alessia - Sala 4	19:00 SMALL GROUP Fabiola - Sala 4	19:00 SMALL GROUP Alessia - Sala 4	19:00 SMALL GROUP Fabiola - Sala 4	19:00 REFORMER OPEN CLASS Sala 4	



Open Class Sociale
incluso nell'abbonamento



Small Group Postural



Small Group Intermedio



Small Group Intermedio - Avanzato

info in segreteria | prenotazioni tramite app WellTeam

